



Directorate of Students' Welfare
Guru Gobind Singh Indraprastha University
Sector-16 C, Dwarka, Delhi-110078 Website: <http://ipu.ac.in>

No. GGSIPU/DSW/19/2021

Dated :01.04.2021

NOTICE

Sub : YOGA for Unity and Well-Being 100 Days of Yoga

The Association of India Universities (AIU) is one of the partners for – 'Yoga for Unity & Well-Being' – a 100-day virtual programme launched by Hon'ble President of India Shri Ram Nath Kovind Ji on 14th March, 2021(<https://www.youtube.com/watch?v=XU9GdeR060c>). This programme is being organized under the auspices of Ministry of AYUSH, Government of India in collaboration with United Nations Information Center with the guidance of Pujya Swamiji Yogrishi Ramdev Baba, President Patanjali Yogpeeth, Dr. H R Nagendra (Guruji), Founder Vice Chancellor-Swami Vivekananda Yoga Anusandhana Samsthana (SVYASA) and Kamlesh Patel (Daaji), global guide Heartfulness.

In the programme, many qualified experts of the yoga schools will collectively offer authentic traditions of Yoga to the world. The programme shall include daily yoga practical sessions, twice a week knowledge sessions and Sunday meditation with acknowledged experts, being offered for global well-being and unity to one and all. All activities will be offered free of charge worldwide. The programme creatives are appended and the programme website is <http://hfn.link/yogaforunity>.

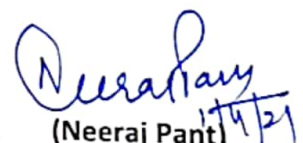
All the Students, Faculty and Officials who are interested to join the programme may send their names alongwith contacts details including email address latest by Monday the 5th April, 2021 on or before 02:00 p.m. so as to enable the O/o DSW to send the list of interested participants to the organizations under the provision of bulk registration.

All registered participants will be entitled for certificates endorsed by the Ministry of AYUSH, United Nations Information Center (UNIC) and key yoga organizations.


(Prof. Manpreet Kaur Kang)
Director (DSW)

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1. All Deans/Directors, USS and affiliated Institutes/Colleges, GGSIPU
2. AR to Hon'ble Vice-Chancellor, GGSIPU-For kind information please.
3. AR to Registrar, GGSIPU-For kind information please.
4. I/c UITS-For uploading on University Website
5. Guard File


(Neeraj Pant)
Section Officer (DSW)